# 12 Steps of Alcoholics Victorious

- We admitted we were powerless over alcohol ... that our lives had become unmanageable.
- Came to believe that a Power greater than ourselves could restore us to sanity.
- Made a decision to turn our will and our lives over to the care of GOD as we understood Him.
- 4. Made a searching and fearless moral inventory of ourselves.
- 5. Admitted to GOD, to ourselves and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have GOD remove all these defects of character.
- 7. Humbly asked Him to remove all our shortcomings.
- 8. Made a list of all persons we had harmed and became willing to make amends to them all.
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- Continued to take personal inventory and when we were wrong, promptly admitted it.
- 11. Sought through prayer and meditation to improve our conscious contact with GOD as we understood Him, praying only for knowledge of His will, and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and practice these principles in all our affairs.

©Copyright by Alcoholics Victorious and Christians in Recovery. All rights reserved. This brochure may not be reproduced in any form (printed, electronic or otherwise).

Additional copies may be ordered from Alcoholics Victorious: http://alcoholicsvictorious.org/order.html



Learn more about Alcoholics Victorious http://alcoholicsvictorious.org



Alcoholics Victorious is a program of Christians in Recovery®

Learn more about Christians in Recovery® http://christians-in-recovery.org
Your internet community for recovery.

# EIGHT BENEFITS CHRISTIANITY OFFERS THE ALCOHOLIC

by Rev. Howard B. Franzen
Staff Chaplain, Hastings State Hospital



P.O. Box 4422 Tequesta, FL 33469

email@alcoholicsvictorious.org http://alcoholicsvictorious.org

# Eight Benefits Christianity offers the Alcoholic

- 1. The alcoholic is worth rescuing. He is a child of God, his confession is worth being heard.
- 2. Create an atmosphere of forgiveness. (The same amount of blood was sacrificed for the minister as for the tramp.)
- 3. We accept success, not failure. The Christian must accept the alcoholic as he is because Christ accepts us "Just As I Am." We must create an atmosphere of acceptance.
- 4. Christianity gives him a place to pick up the pieces, and make a new start because it offers a focal point of integration, not disintegration.
- 5. Christianity provides a motivation to live without alcohol. The alcoholic is afraid to live. We are to stimulate this motivation to live.
- 6. Christianity offers love. Love is giving of self without demand. We picture Christ with out-stretched arms to receive, not to "snatch us in." In our fellowship we express Christ by our interpersonal relationship. We must love them as God loves us.
- 7. Christianity shows there are things to live for. Alcoholics feel there is nothing pleasant or beautiful. A new value system must be created.
- 8. Christianity includes a relationship with the alcoholic. Alcoholics are always outside any relationship; like box cars scattered over a freight yard, rather than being connected as a train.

The moral issue in alcoholism is in the alcoholic's abdication of his responsibilities to his family, his friends, his job and society.

### **Alcoholics Victorious Creed**

"Therefore if any man be in Christ, he is a new creature; old things are passed away; behold, all things become new." (2 Corinthians 5:17)

Members of Alcoholics Victorious are people with a common handicap, that of being addicted to alcohol, in their search for peace of mind.

Realizing that faith in Jesus Christ is the true way to peace, alcoholic Christians are banded together in mutual effort to transfer dependence on alcohol to dependence on Jesus. We believe that what we cannot do alone, we can accomplish through helping one another.

Our common goal is to allow Jesus to become the guiding influence in our lives, and lead us to recovery.

## Who should attend Alcoholics Victorious meetings?

Believers struggling with an addiction to alcohol/drugs who, although committed Christians, may still be suffering in silence out of fear, shame, guilt, and lack of ability to trust -- all of which are characteristic responses to this family disease.

Non-Christians still addicted to alcohol/drugs who feel compelled to search out the true "higher power" Jesus Christ, attempting to identify Him, to come to know Him, and then to trust Him for healing power.

# Why a "Christian AA"?

Those who are familiar with AA may well ask the question above. For believers in Christ, the answer is simple: we have identified Jesus as our "Higher Power" and we would welcome the opportunity to meet in His name to deal with the problems that surround addictions. The meetings allow us to speak freely of our relationship with Him, share our struggles with faith issues, and use intercessory prayer for our healing. Christians are NOT immune to addictive or compulsive disorders. Hiding problems from our church adds to our "shame" and burdens. It also hinders our healing.

Those who have not yet placed their faith in Christ have an opportunity to come to know the true "Higher Power" spoken of in AA, finding an atmosphere of accepting Christian love in which to form a personal relationship with the Lord.

For those unfamiliar with the AA approach to recovery, Alcoholics Victorious provides an opportunity to learn the reality that there is a "spiritual" element in addiction that must be addressed through the true GOD. And here in a Christian environment, forgiveness and release from shame can be found so that we may approach our GOD with freedom and boldness.

In Alcoholics Victorious, the 12-step approach to recovery is combined with support from God's Word, confidential sharing among group members, and loving prayers.

### What Alcoholics Victorious is NOT:

- \*\* A substitute for church attendance
- \*\* A Bible study
- \*\* A professional therapy group
- \*\* Geared to any one denomination
- \*\* Intended to replace secular Al-Anon or AA meetings
- \*\* Intended to replace or undermine any other Christian groups